



LESSON PLAN

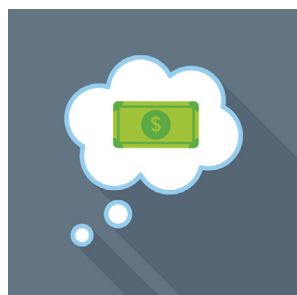
Exploring Money Beliefs

GRADES

7 to 12

TIME

45 minutes



OVERVIEW

Our core beliefs about money shape our behavior and influence the many financial decisions we make. This lesson gives students the tools to identify and discuss their attitude toward money. Students will think critically about the source of their money beliefs and connect those beliefs to both positive and negative financial behavior.

GOALS

- Demonstrate how students' attitudes toward money can influence their personal finance decisions
- Help students identify their own beliefs about money
- Help students critique the source(s) of their money beliefs

OBJECTIVES

- Identify the four money personas and their underlying money beliefs: avoidance, status, worship and vigilance
- Match each of the money personas with examples of real-world behavior
- Compare and contrast different sources of financial information and behavior

ASSESSMENT

An optional quiz has been provided with this lesson plan (the quiz is not factored into the lesson's 45-minute runtime).

***Did you know?** This lesson plan adapts concepts explored in the book *Mind Over Money: Overcoming the Money Disorders That Threaten Our Financial Health* by Brad Klontz, PsyD & Ted Klontz, PhD.*

MATERIALS

- VIDEO 12**—*Common Money Beliefs*
- HANDOUT 12**—*Common Money Beliefs*
- PRESENTATION 12**—*Common Money Beliefs*
- ACTIVITY A**—*Group Brainstorm*
- ACTIVITY B**—*Discussion Notes and Discussion Prompts*
- QUIZ**—*Exploring Money Beliefs and Answer Key*

PREPARATION

- Gather digital materials (video and presentation)
- Print **HANDOUT 12** for each student
- (Optional) Print extra copies of **HANDOUT 12** for students to take home and share with their parents
- Print one copy of **ACTIVITY A**
- Print **ACTIVITY B** for each student
- (Optional) Print **QUIZ** (*Exploring Money Beliefs*) for each student

